

FAIB First Aid at Work Requalification

Aims

This is a two-day course programme, delivered over at least 12 hours. It is designed update the first aid skills and knowledge of those First Aiders who need to renew their First Aid At Work qualification

Objectives

At the end of the course each participant should be able to:

- Assess emergency situations and carry out appropriate action including informing emergency services.
- Carry out artificial ventilations and chest compressions.
- Place a casualty in to the recovery position and know when to use this position.
- Know when and how to use the spinal injury recovery position.
- Clear obstructed airways.
- Control severe bleeding.
- Recognise and treat shock.
- Understand the requirements of a First Aid kit and how to report accidents in the workplace.
- Recognise and treat major illnesses.
- Deal with burns and scalds.
- Deal with chemical contamination.
- Deal with poisons gases and fumes
- Recognise and treat fractures.
- Know when and how to move casualties safely.
- Recognise and treat other miscellaneous conditions.
- Carry out the duties of a First Aider in a safe and approved manner, with no risk to self or third party.

Programme content

- Communication and delegation of responsibility in an emergency
- Resuscitation
- Managing the unconscious casualty
- The treatment and control of bleeding
- The treatment of shock
- The treatment of burns and scalds
- The treatment of bone, muscle and joint injuries
- The treatment of minor injuries
- The treatment of eye injuries
- Poisons, gases and fumes
- Transporting and moving an injured person
- Recognising illness
- Personal hygiene and cross-infection control
- The first aid box and simple record keeping
- The duties of the employer

Course Assessment

Assessment is made by independent assessors using scenario based questioning and multiple-choice question paper.