

your partners in health, safety and the environment

FAIB First Aid at Work



Aims

If you have identified that you need first-aiders in your place of work they will need to achieve a certificate of competence in First Aid At Work. The FAW course must include a minimum of 18 hours training delivered in no less than 3 days. The FAW course includes the content of the one-day EFAW course and also equips the first-aider to apply first aid to a range of specific injuries and illnesses.

The certificate is valid for 3 years and before the expiry date first aiders will need to undertake a First Aid At Work Requalification course to obtain another 3 year certificate.

Objectives

At the end of the course each participant should be able to:

Assess emergency situations and carry out appropriate action including informing emergency services.

Carry out artificial ventilations and chest compressions.

Place a casualty in to the recovery position and know when to use this position.

Know when and how to use the spinal injury recovery position.

Clear obstructed airways.

Control severe bleeding.

Recognise and treat shock.

Understand the requirements of a First Aid kit and how to report accidents in the workplace.

Recognise and treat major illnesses.

Deal with burns and scalds.

Deal with chemical contamination.

Deal with poisons gases and fumes

Recognise and treat fractures.

Know when and how to move casualties safely.

Recognise and treat other miscellaneous conditions.

Carry out the duties of a First Aider in a safe and approved manner, with no risk to self or third party.

Programme content

Communication and delegation of responsibility in an emergency

Resuscitation

Managing the unconscious casualty

Control of bleeding

Shock

Burns and scalds

Bone, muscle and joint injuries

Eye injuries

Minor injuries

Poisons, gases, and fumes

Transporting and moving and injured person

Recognising illness

Personal hygiene and cross-infection control.

The first aid box and simple record keeping

The duties of the employer

Course Assessment

Assessment is made by independent assessors using scenario based questioning and multiple-choice question paper.