

# **CDM Regulations**

CDM stands for Construction Design and Management. The CDM Regulations were introduced in 2015, putting specific responsibilities on duty holders, including roles such as designers and contractors. The regulations make them accountable for the management of Health & Safety on construction sites.

In the UK, the construction industry accounts for around 30% of all workplace fatalities and over 64,000 workplace injuries every year. There are a number of factors which make construction so risky – dangerous equipment, accessories and materials, people working at height, the need for large and heavy machinery and vehicles – but when you combine this with the fact that worksites tend to be filled with many different people, all working on different tasks, you can see how there's room for so many accidents to happen.

The Construction (Design & Management) Regulations (CDM) aim to make construction projects safer – from start to finish, and beyond. They do this by creating roles and responsibilities for key duty holders involved in a project, whose job it is to manage Health & Safety protocols, ensuring that they are both established and followed by everyone.

# Key Features & Benefits of this Course

- CPD accredited
- Helps towards compliance with current legislation

## Contents

## 1. What are the CDM Regulations?

This focusses on the basics of the regulations, laying the foundations. It covers the core values, the different duty holders and their duties, when and where the regulations apply, and the penalties faced for non-compliance.

#### 2. Planning

This section covers the planning of a safe construction project: how to make sure you appoint the right duty-holders; and how to assemble the right pre-construction information, construction phase plan, and health and safety file.

#### 3. Safe Sites

This section covers what you need to do in order to maintain a safe construction site. It covers things like vehicle safety, emergency procedures and welfare facilities.



## **Test & Certificate**

This CDM Regulations Training course concludes with a 20 question multiple choice test with a printable certificate. In addition, brief in-course questionnaires guide the user through the sections of the training and are designed to reinforce learning and ensure maximum user engagement throughout.

As well as printable user certificates, training progress and results are all stored centrally in your LMS (**Learning Management System**) and can be accessed any time to reprint certificates, check and set pass marks and act as proof of a commitment to ongoing legal compliance.

# What does my certificate include?

Your CDM Certificate includes your name, company name (if applicable), name of course taken, pass percentage, date of completion and expiry.