

# **Noise Awareness**

Regular exposure to loud noise can affect your hearing. This noise awareness e-learning programme looks at who's at risk, what those risks are, and how to reduce them.

This online course looks at how your ears work to illustrate how delicate they are, how easily they can be damaged, and why noise-damaged hearing loss is permanent. It covers safe noise exposure levels and looks at what can be done to reduce exposure to regular loud noise or to sudden extreme noise.

This training programme will help you to recognise the early warning signs of hearing loss, so that something can be done before it's too late. High risk environments for noise exposure include Construction Sites, Factories or Industrial production lines, and some Hospitality venues (nightclubs, live music)

# Key Features & Benefits of this Course

- Complete this online course in just 25 minutes
- Comply with The Control of Noise at Work Regulations
- Suitable for Construction (CDM basic compliance), Manufacturing, Industrial Engineering and Hospitality
- End of course test and printable certificate

# Contents

#### 1. The Ear

This section explains how your ears work to help you understand how easy it is to damage them and it looks at the damage that can be done. It also tells you what to look out for to recognise the first signs of hearing loss.

## 2. Responsibilities

In this section we look at how noise is measured, at what level it becomes damaging and what must be done when it reaches this point. We also look at noise limits, hearing tests and who is responsible for protecting your hearing.



# 3. Hearing Protection

There are different types of hearing protection available. In this section we look at the options and when you should wear protection.

## **Test & Certificate**

This Noise Awareness training programme concludes with a 20 question multiple choice test with printable certificate. In addition, brief in-course questionnaires guide the user through the sections of the training, and are designed to reinforce learning and ensure maximum user engagement throughout. As well as printable user certificates, training progress and results are all stored centrally in your LMS (Learning Management System) and can be accessed any time to re-print certificates, check and set pass marks and act as proof of a commitment to ongoing legal compliance.