

## DSE Assessors (Display Screen Equipment)

### Course

This one day course aims to develop the knowledge and practical skills of those responsible for making assessments of display screen equipment workstations.

### Objectives

At the end of the programme you will be able to:

- Describe the legal requirements for risk assessment
- Outline the main requirements of the DSE Regulations
- Describe the risk factors associated with work at DSE workstations
- Identify factors involved in workstation assessments and risk assessment
- Develop and use a simple assessment model for DSE workstations
- Identify practical solutions to eliminate or minimize risks

### Programme summary

#### Legal Review

- Management of health and safety
- Philosophy and principles of ergonomic risk assessment

#### Display Screen Equipment

- Requirements of the regulations and detailed guidance

#### Anatomy and Physiology

- The effects of static and dynamic bio-mechanics
- The eye within the visual environment
- The relevance of stress and fatigue

#### Risk Assessment

- Workstation minimum requirements
- Assessment of workstations
- Practical application of DSE protocol*
- Developing practical ergonomic solutions
- Developing and using a DSE protocol

*Programme may be subject to change without prior notification*

### Fees

**£180 + VAT (non-residential).**

### Dates and Venues

#### The Mount

14 March 2022  
16 November 2022

### The Venues

Public courses are delivered at our training centres The Court in Southam, Warwickshire and The Mount in Bromsgrove, Worcestershire.



Alternatively, if you have a group of people we can deliver this course at your premises. Talk to us about your requirements and our competitive in-company training rates.

### To reserve a place

Call us on **01926 813356** to check availability and reserve places on this course.

### Why choose keyostas?

....because we care about the products we deliver; we care about our delegates; and we care about our profession and its impact upon our clients' effectiveness.

*Includes Lunch & Refreshments.  
Car Parking available at both sites.*

your partners in health, safety and the environment