

Manual Handling Instructors and Assessors Refresher

Aims

This course aims to provide a refresher on the effective assessment and control of manual handling risks and instruction in manual handling techniques. Delegates will be re-assessed on their learning and their ability to instruct others in manual handling.

Objectives

At the end of the course each delegate should be able to:

- Outline the main manual handling injuries and how they occur
- Make assessments of manual handling operations
- Identify effective avoidance and reduction measures
- Outline the legal requirements relating to Manual Handling
- Demonstrate and use a sound base movement

Programme summary

- Legislation review
- Instruction techniques review
- Review of learning styles and skills
- Anatomy and physiology
- Risk assessment
- Review of practical techniques
- Group question & answer session – address any problems encountered

Programme may be subject to change without prior notification

Delegates are encouraged to bring their own presentations that they use in their own sessions if they would like feedback from the tutor and the group.

The Venues

Public courses are delivered at our training centres The Court in Southam, Warwickshire and The Bromsgrove Hotel & Spa Bromsgrove, Worcestershire



Alternatively, if you have a group of people we can deliver this course at your premises. Talk to us about your requirements and our competitive in-company training rates.

Fees

£180 + VAT (non-residential).

Dates and Venues

Southam - (CV47 0FS)

13 March 2023

Bromsgrove - (B61 0JB)

01 August 2023

To reserve a place

Call us on **01926 813356** to check availability and reserve places on this course.

Why choose KeyOstas?

.....because we care about the products we deliver; we care about our delegates; and we care about our profession and its impact upon our clients' effectiveness.

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